



# Morning boost

## Viennoiseries / Daily Baked Pastries

### Doce / Sweet

|   |       |
|---|-------|
| Seleção de viennoiserie   Selection of viennoiserie.....  | € 4   |
| St Tropezini de mascarpone e framboesa<br>St Tropezini with mascarpone and raspberry.....         | € 4   |
| Muffin do dia   Muffin of the day.....  | € 3.5 |
| Waffle caseiro com um topping à escolha<br>Freshly made waffle with a topping of your choice..... | € 5   |

### Salgado / Savory

|   |     |
|---|-----|
| Croissant misto   Ham and cheese croissant..... | € 3 |
| Tosta mista   Ham and cheese toast.....         | € 6 |

## Taça de super sementes / Super seed bowl

|   |     |
|---|-----|
| Chia, goji, abóbora, linhaça, bebida de arroz<br>Chia, goji, pumpkin, linseed, rice milk..... | € 5 |
|---|-----|

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## Formule Express

€ 9

Latte, 2 viennoiserie doces & sumo do dia  
Latte, 2 sweet viennoiserie & juice of the day

## Formule Gourmand

€ 12

Latte, 2 viennoiserie doces, 1 croissant misto & sumo do dia  
Latte, 2 viennoiserie, 1 ham and cheese croissant & juice of the day

Servido das 08:00 até às 11:30 | Served from 8am until 11:30am

## Fruta Fresca | Fresh Fruit

Salada de fruta | Fruit salad..... € 5

Frutos vermelhos | Mixed spring berries..... € 6

Com iogurte magro | with low fat yogurt.....+ € 1

## Sumo de fruta fresca | Healthy squeeze of the day

Escolha do dia | Daily special..... € 5

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## *Criações sem álcool | Special Squeezes*

### *Farmers delight*

Maçã, laranja, toranja | Apple, orange, grapefruit.....€ 6

### *Perfect passion*

Maracujá, lichia com um toque de lima fresca  
Passion fruit, lychee with a twist of fresh lime.....€ 6

### *Lisbon summer blush*

Morango e abacaxi | Strawberry and pineapple.....€ 6

### *Fresh*

Maçã, laranja e basílico | Apple, orange and basil.....€ 6

### *Sweet pepper*

Morango, maçã e pimento de Espelette  
Strawberry, apple and Espelette pepper.....€ 6

### *Clean and green*

Pepino, maçã e gengibre | Cucumber, apple and ginger.....€ 6

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# *Para degustar* *All day nibbles*

## *Saladas / Salads*

Salada de espinafre e camarão com tempero de chilli  
Spinach and shrimp salad with chili dressing.....€ 14

Salada de Quinoa com pickles caseiro de rabanete e queijo feta  
Quinoa salad with pickled radishes and feta cheese.....€ 11

## *Sandwiches / Sandwiches*

Abóbora assada em pão tostado, queijo fresco português, tapenade e rúcula  
Roasted pumpkin on toasted bread,  
Portuguese fresh cheese, avocado tapenade and arugula.....€ 12

Sanduche Club MYOHMY com frango, bacon,  
iceberg, ovo frito e maionese de trufas em pão rústico  
MYOHMY signature club sandwich with chicken, bacon,  
iceberg, fried egg and truffle mayonnaise in rustic bread.....€ 13

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# *Para degustar All day nibbles*

## *Sanduiches / Sandwiches*

Pão pita com salsicha merguez, cebola laminada, tomate,  
cobertura de iogurte bio com pepino e oregão fresco  
Merguez sausage in pita bread, sliced onion, tomato,  
organic yogurt dressing with cucumber and fresh oregano.....€ 13

Prego no pão caseiro com batatas fritas perfumadas com oleo de trufa  
Beefsteak in home made bread served with truffle fries.....€ 14

## *Hamburgueres / Burgers*

Hamburguer de novilho em pão de brioche com cogumelos,  
queijo suíço e molho holandês  
Beef burger in brioche bread with mushrooms,  
Gruyère cheese and hollandaise sauce.....€ 15

Hamburguer de galinha assada, com queijo cheddar derretido,  
guacamole e pico de galo  
Chicken burger, with melted cheddar,  
freshly made guacamole and pico de gallo.....€ 14

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# Pastelaria com assinatura Signature pastry

Receitas exclusivas dos nossos Pâtisseries para o MYOHMY.  
Exclusive recipes from our Pâtisseries.

## Super Eclair

Morangos, lima e basilico | Strawberry, lime and basil.....€ 8

## Coffee Log\*

Mousse de café e mascarpone com biscoito de frutos secos  
Coffee and mascarpone mousse with dried fruits biscuit.....€ 8

## Chocolate Gold Moon\*

Esfera de chocolate, avelã e fava tonka  
Chocolate, hazelnuts and Tonka bean sphere.....€ 9

## Pistachio Slide\*

Tarte de pistachios e alperce | Pistachio and apricot tart.....€8

## Pinky Wheels

Macaron de framboesas e mousse de rosas  
Raspberry and rose mousse macaron.....€ 8

## Flaky-Flaky\*

Mil folhas de ananás e caramelo | Pineapple and caramel millefeuille.....€ 7

## Napolitan Soft

Baba de citrinos | Citrus fruits baba.....€ 7

My Cheesy Cheesecake.....€ 7

## Inspiração diária do nosso Chef pasteleiro

Daily inspiration from our pastry Chef.....€ 10

## Pergunte-nos sobre as criações que estão disponíveis ao kilo

Please inquire about our creations which are also available by the kg.....29 € | Kg

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# *Da vitrine*

## *From the showcase*

Todos os dias os nossos Pâtisseries elaboram pequenas delícias para que possa degustar com uma bebida quente ou fria ou simplesmente levar consigo nas nossas caixas personalizadas.

On a daily basis, our Pâtisseries prepare small treats for you to enjoy with a hot or a cold beverage or simply take away with you in our personalised boxes.

### *Macarons*

(Pistachio, Lima maracujá, Caramelo salgado)  
(Pistachio, Lime and passionfruit, Salty caramel)

Caixa de 3 | Box of 3.....€ 8  
Caixa de 6 | Box of 6.....€ 15

### *Trufas & Bombons | Truffles & Bonbon*

(Café Moka, Grand Marnier e gengibre, Côco e rum Añejo)  
(Coffee Moka, Grand Marnier and ginger, Coconut and Aged rum)

Caixa de 3 | Box of 3.....€ 6  
Caixa de 6 | Box of 6.....€ 11

### *Pastéis de nata | Custard tarts*

Caixa de 3 | Box of 3.....€ 8  
Caixa de 6 | Box of 6.....€ 15

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# Chá da tarde Afternoon tea

## Classic Tea

Duas finger sandwiches | Two finger sandwiches

Pepino com feta e aneto, salmão fumado com abacate, ovo de codorniz e tobiko  
Cucumber with feta cheese and dill, Smoked salmon with avocado, quail egg and tobiko

Duas tentações doces | Two sweet temptations

Bola de Berlim com recheio de beterrabe e baunilha, Marshmallow de castanha e moscatel  
Sweet bread cake with beetroot and vanilla filling, Chestnut and "moscatel" Marshmallow

Dois scones | Two scones

Clássico, Tâmaras e amêndoa | Classic, Dates and almonds

Chá, cafetaria, chocolate quente | Tea, coffee, hot chocolate

Por pessoa | Per person.....€ 15

## Intercontinental Tea

Classic Tea

Mini cupcake de mel e gengibre, Mini cupcake de morango, nutella e pimenta de Sichuan | Honey and ginger mini cupcake, Strawberry, nutella and Sichuan pepper mini cupcake

Flute de champagne | Champagne glass

Chá, cafetaria, chocolate quente | Tea, coffee, hot chocolate

Por pessoa | Per person.....€ 26

Todas as opções são acompanhadas de:

Compotas de morango e de laranja, mel, manteiga e clotted cream.

All the options are served with:

Strawberry and orange preserves, honey, butter and clotted cream.

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# ☉ *o mundo do café* *The world of coffee*

COLD SPECIALS.....€ 4

## AFFOGATO

Espresso | gelado de baunilha | natas batidas | cacau  
Espresso | vanilla ice cream | cream | cocoa powder

## ESPRESSO TIRAMISÚ

Espresso | gelado de baunilha | biscoito de champanhe | cacau  
Espresso | vanilla ice-cream | sponge finger | cocoa powder

## HALF & HALF SUMMER

Espresso | chocolate frio | xarope de açúcar | Espresso | cold chocolate | liquid sugar

HOT SPECIALS.....€ 4

## DOLCE FONDENTE

Espresso | leite gordo | xarope de açúcar | cacau | biscoito de champanhe | canela  
Espresso | whole milk | liquid sugar | cocoa powder | sponge finger | cinnamon

## MAROCCHINO CALDO

Espresso | leite gordo | chocolate quente | cacau em pó  
Espresso | whole milk | hot chocolate | cocoa powder

## HALF & HALF WINTER

Espresso | chocolate quente | xarope de açúcar | Espresso | hot chocolate | liquid sugar

Todos os nossos cafés são feitos com grãos de alta qualidade, provenientes de agricultura sustentável e acompanham uma mignardise dos nossos patissiers.

All our coffees are made with high quality coffee grains from sustainable agriculture and all come with a home made mignardise from our patissiers.

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# *O mundo do café* *The world of coffee*

## *Classic*

|                            |        |
|----------------------------|--------|
| Expresso.....              | € 3    |
| Expresso Macchiato.....    | € 3,20 |
| Capuccino.....             | € 3,50 |
| Double Espresso.....       | € 4    |
| Expresso Descafeinado..... | € 3    |
| Americano.....             | € 3,50 |
| Latte.....                 | € 3,50 |
| Café Vienense.....         | € 3,50 |

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# O mundo do chá The world of tea

## *Royal Darjeeling - 95°C | 3 min - Morning & Mid day*

Chá preto da Índia, primeira colheita.

The king of India teas, this TWG Tea first flush black tea boasts an exquisite fragrance and a vibrant, sparkling taste that develops remarkable overtones of ripe apricots. An exquisite daytime tea.....€ 3,5

## *French Earl Grey - 95°C | 3 min - Morning & Mid Day*

Chá preto com citrus e centáureas azuis.

A fragrant variation of the great classic, this TWG Tea black tea has been delicately infused with citrus fruits and French blue cornflowers.....€ 3,5

## *Alexandria - 95°C | 3 min - Mid Day*

Chá verde com menta e especiarias mediterrâneas.

A dreamy reminder of Arabian nights, this TWG Tea melange of green teas is subtly blended with mint and Mediterranean spices.....€ 3,5

## *Geisha Blossom - 95°C | 3 min - Afternoon and Evening Tea*

Chá verde com alperce e maracujá. Baixo em teína.

Elegant and highly refined, this TWG Tea blend of green tea and refreshing, ripe southern fruits infuses into a fragrant cup that will calm and appease after a day's disruptions.....€ 3,5

Serviço Take Away | Take Away Service.....50 grs € 10

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# ☉ mundo do chá The world of tea

## *Silver Moon - 95°C | 3 min - Afternoon*

Chá verde com morango e um toque de baunilha. Baixo em teína.

A TWG Tea blend of green teas accented with a grand berry and vanilla bouquet. Suave, with just a hint of spice. A tea for that special moment.....€ 3,5

## *Singapore Breakfast - 95°C | 3 min - Breakfast & Afternoon*

Chá verde, chá preto, baunilha e raras especiarias.

This noble TWG Tea breakfast blend is evocative of the sophisticated harmony of Singapore. Boasting a natural blend of green tea, black tea, rich vanilla and rare spices, this tea yields a complex flavour with a sweet and lingering aftertaste.....€ 3,5

## *Red of Africa - 95°C | 3 min - Afternoon and Evening Tea*

Rooibos da África do Sul com especiarias doces e calêndula. Sem teína, pode ser servido quente ou gelado, em qualquer momento do dia, sendo assim ideal também para crianças.

Delicate red tea from South Africa blended with sweet TWG Tea spices and marigold. This theine-free tea can be served warm or iced, at any time of the day, and is ideal for children too.....€ 3,5

Serviço Take Away | Take Away Service.....50 grs € 10

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